

The Buddy System

All participants on this leadership development programme are asked to pick a partner – their “Buddy”. The Buddy serves as a resource, a helping hand, a sounding board, a champion and an accountability partner. It is a mutual way of learning, allowing both participants to:

- Hold each other accountable for the commitments made whilst on this leadership development programme
- Gain practical advice, encouragement and support
- Learn from each other’s experiences
- Share thoughts and feelings, issues and concerns
- Increase personal and professional confidence and motivation
- Further develop their communication and leadership skills
- Build new long lasting relationships

The Buddy System is an informal type of peer mentoring. Buddies are not being asked to act as official mentors. They are not responsible for each other’s growth or development and are not assessed on whether or not their partner has developed as an individual or leader.